1. Where Are You Still the Bottleneck?

List 3-5 recurring tasks or decisions that depend entirely on you.							
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2. What's the Cost of Staying Involved? (Check all that apply)

☐ It delays growth opportunities	\square It adds stress and cognitive overload
\square It causes missed deadlines or errors	\square It limits team autonomy and ownership
\square It pulls me away from strategic work	☐ Constant context switching drains your focus

3. Which System Type Is Missing?

Match each bottleneck with the kind of system you might need.

Task	Solution Type	Notes
e.g. Manually paying invoices	Automation (e.g. Bill.com)	Set up approval workflow
e.g. Re-explaining how to post content	✓ SOP + Delegation	Document and assign to VA
e.g. Forgetting to follow up with leads	✓ CRM System	Explore HubSpot or Streak

Use this key:

- Automation (software that handles it for you)
- Delegation (give to a contractor, assistant, or team member)
- SOP (standard operating procedure anyone can follow)
- ▼ Tool Stack (choose software to manage this area)

4. Systemize Your Way Out in 30 Days

Pick 1–3 items and make a plan to implement or delegate by next month.

Focus Task	System Type	Action Step	Owner	Due Date